

Facts about

Personal Responsibility Education Program (PREP)

What is PREP?

The PREP initiative in North Carolina is also called *PREPare for Success*; it has been designed to educate adolescents on abstinence, contraception, sexually transmitted diseases (STDs), and adulthood preparation in the areas of healthy relationships, healthy life skills and parent-child communication.

What are the goals of PREP?

- To support the implementation and institutionalization of the Healthy Youth Act, that requires North Carolina schools to adopt a comprehensive sexuality education approach in health education classes.
- To strengthen North Carolina communities by equipping teens with healthy life skills and a sense of purpose.



How will these goals be achieved?

Funding from *PREPare for Success* is used to support the North Carolina School Health Training Center; this funding provides training, curricular materials and ongoing technical support for the *Making Proud Choices!* evidence-based curriculum in school systems and communities.

PREPare for Success funding is also being used for implementation of the evidence-based curriculum *Teen Outreach Program* in selected communities to provide teen outreach. *PREPare for Success* requires 3 adult preparation subjects be implemented in the curricula: Healthy Relationships, Parent-Child Communication, and Healthy Life Skills.

What impact will PREP have on North Carolina?

This funding will build upon a long history of adolescent pregnancy prevention activities in selected sites throughout North Carolina and expand services to a growing population of young people who live in communities with high teen pregnancy and birth rates.